Materials You Will Need for Foundation Course VIIa -- Veterinary Practice: Physical Examination

For Foundation Course VIIa, you will need to obtain the items listed below before August 17. These items you will use throughout your 4 years. Please be advised that open, partly open or soft-toed shoes (sandals/water/running/tennis) are not to be worn in any lab or in the hospital (OSHA and Cornell regulations).

**Lab coat** (minimum 1): You must have a NAVY BLUE, SHORT SLEEVED, HIP LENGTH, lab coats. This lab coats are to be worn in CPS, and during any other CUHA experience. This navy blue lab coat is in addition to coats that are required in Block I dissection labs. You may not wear soiled coats or ones smelling of formalin in CUHA or in your CPS shifts.

**Scrubs** (minimum 2 sets): LIGHT BLUE (CEIL) SCRUBS are required apparel in all small animal and exotics labs. Scrubs can be purchased at medical apparel stores, on line stores, or in the CUHA Materials Warehouse (253-3158, 8am-4pm) after you arrive in Ithaca.

**Coveralls** (minimum 2): You must have NAVY BLUE, SHORT-SLEEVED coveralls, to be worn in all large animal labs and experiences in the large animal clinic.

**Heavy-duty Barn boots/shoes:** Footwear worn in the large animal clinic must be sturdy, leather, work or hiking-type boots or shoes. Tennis shoes are not acceptable. Aim for comfort, durability, and ability to stand up to many trips through foot baths (since we dip our feet between patients, between barns, etc.).

**Stethoscope**: You must have a stethoscope to use in your first lab (week of August 14, 2017). It’s ideal to ‘test drive’ several brands and models before purchasing so visit a medical supply store in person, if you can. If you are shopping on-line, make certain there is a return policy in case your first choice is not perfect for you. Consider asking your local veterinarian, friends, or upper classmates for a ‘loaner’ so that you can take your time.
making a purchase decision.

If you decide to buy now, do not waste money on an inexpensive drug store model! Choose from an established company such as Littman, WelchAllyn, Tycos, etc. where you can purchase an excellent stethoscope for $75 to $300+. Once you have decided on a particular stethoscope model, the most important option to consider will be size of the head/chest piece. Neonatal or pediatric heads are great for puppies, small dogs, cats, and exotic species. Full size heads are necessary for work with large animals. It may be wise to start out with a standard (full size) head/chest piece so that you are prepared for the variety of species you will be caring for during your veterinary education.

**Wrist watch:** You must wear a wrist watch in all live animal labs. Your cell phone is not a substitute! Choose a band that is water resistant since you will be washing your hands many times each day.

**Penlight** (can be purchased in the CUHA Materials Warehouse, phone 3-3158)

*Models of Littman Stethoscopes will be available for you to try during orientation*(See orientation schedule). A veterinary cardiologist from the hospital will also be available to answer any questions you might have about the suitability of specific models for your needs. Peer mentors will also be available to offer input on options. You may choose to place an order for a stethoscope at this time.